

Supporting Student Learning: How SEL Drives Learning Success

Q-Up for Digital Quality
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Introductions



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Framing our Time Today

In order to address the academic impacts of disrupted learning over the past several years and to reestablish our expectations for learning, we need to consider how social and emotional learning serves as key resource to support the learning success of all students.



Agenda

How Would You Describe Returning to School?

- What are the Challenges Schools are Facing?
- What's on the Minds of our Students'?

How Does SEL Help Us Navigate the Challenges?

- What are the benefits of SEL?
- How does SEL Connect to Academic Learning?

Why Does SEL it Make Some Uneasy?

- What are the Facts?
- How can we Build Shared Understanding?



Expectations

This is an interactive session.

- We invite you to actively participate.

This session is intended to spark your thinking.

- We have 40 minutes.

This session is timely.

- We want offer support as you navigate a new school year.



Outcomes Desired

SEL is a researched-base intervention that has strong ties to students' academic success.

- Consider how you can accelerate student learning by integrating SEL principles.

Warm Up

Ask any parent or adult who cares about the future of our children:

“What are your hopes and dreams for your children?”

What do you imagine they would say?
What would you say?

[Mentimeter](https://www.menti.com)

Go to **www.menti.com** and use the code **5680 8904**



Returning to School

How Would You Describe Returning to School?

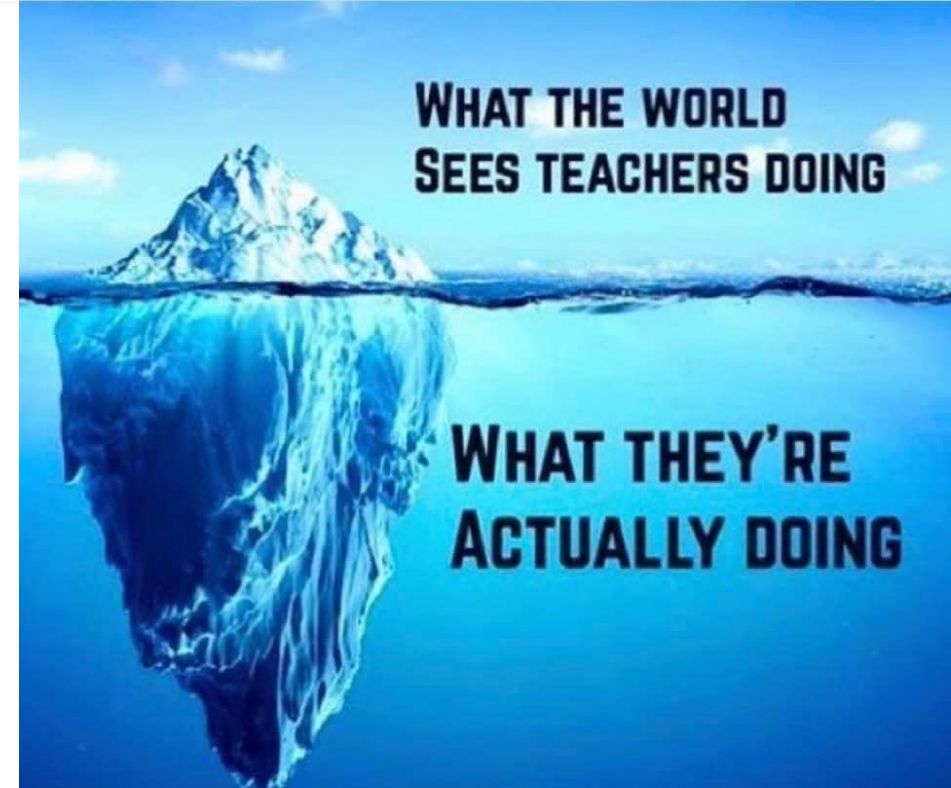
- Do things feel different this year than they have in the past 2 years? Is there a similar feeling?
- What are the challenges schools are facing?
- What's on the minds of our students?



Bryan Pearlman

Admin Aug 3 · 🧑

With the new school year about to begin, let's remember that not every student went on a family vacation, visited an amusement park, explored nature or met new friends at a sleepover camp in the woods. Some students summer highlights include having a roof over their head and just enough food to survive. These students are dying to return to school for safety, consistency, support, friendship, nutrition, and hope for the future!



TEACHERS ~ AFTER THE FIRST WEEK OF SCHOOL.



WELCOME TO THE FIRST MONTH OF SCHOOL WHERE YOU'RE SOMEHOW ALREADY 3 MONTHS BEHIND IN PAPERWORK.

BORED TEACHERS

The Challenges Schools Are Facing



Staffing Crisis

- High rates of teacher and staff turnover
- Increased retirements and resignations
- Attracting and retaining a stable teacher workforce
- Declines in the number of candidates entering the teaching profession
- Teacher turnover undermines student achievement and school improvement efforts
- Support staff, including substitute teachers and bus drivers are hard to find



Meeting Learning Needs

- Academic normalcy remains out of reach for many students, educators, and parents
- Data from nationally administered assessments found significant declines in reading and math
- Damage was most severe for students from underserved communities who were already performing at lower levels, but declines are evident for all student populations.



Health and Safety

- Caring for students who are struggling with loneliness, anxiety, fear, depression, trauma, illness, and grief
- The urgent need to address the mental health of children, adolescents and young adults
- Enrollment in traditional public schools continues to fall.
- Declining attendance and rising chronic absentees (more than 10-15%), along with a lack of student motivation is creating a negative school climate
- Increases in behavior problems, violence, and school shootings have gripped campuses and communities



Rebuilding Trust

- Rarely has education been such a polarizing political topic
- Schools are on the defensive about their pandemic decision-making, their curriculums, their policies regarding race and racial equity and even the contents of their libraries
- There is a push for parental control and parent rights

What's on Students' Minds?



61%

Of teens are now thinking more about their social emotional safety.¹

12.5%

Only 12.5% of teens have the greatest confidence that their school is doing their best to create an atmosphere of emotional safety.¹

+ 50%

More than half of 11-17-year-olds reported having thoughts of suicide or self harm (Sept 2020)²

97%

Increase in mental health claims for 13-18-year-olds in 2020.³

13.6%

Only 13.6% of teens have the greatest confidence that their school is spending enough time and money to keep them safe.¹

SOURCES

¹Navigate360 | Zogby Safety & Wellbeing Poll

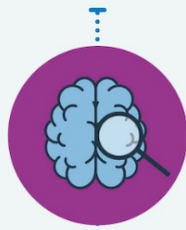
²Mental Health America, 2021 Key Findings

³The Impact of COVID-19 on Pediatric Mental Health, FAIR Health, Inc

Navigating the Challenges

How Does SEL Help Us Navigate the Challenges?

- What are the benefits of SEL?
- How does SEL connect to academic learning?



Self-awareness to develop a healthy sense of who you are, and better understand your thoughts and feelings



Self-management to manage your thoughts, feelings, and actions toward goals



Social awareness to better understand different views and have empathy for others



Relationship skills to communicate and connect, problem solve together, and stand up for others



Responsible decision-making to make constructive choices, analyze our actions, and find solutions

The CASEL Framework offers evidence-based SEL strategies in five core competency areas.

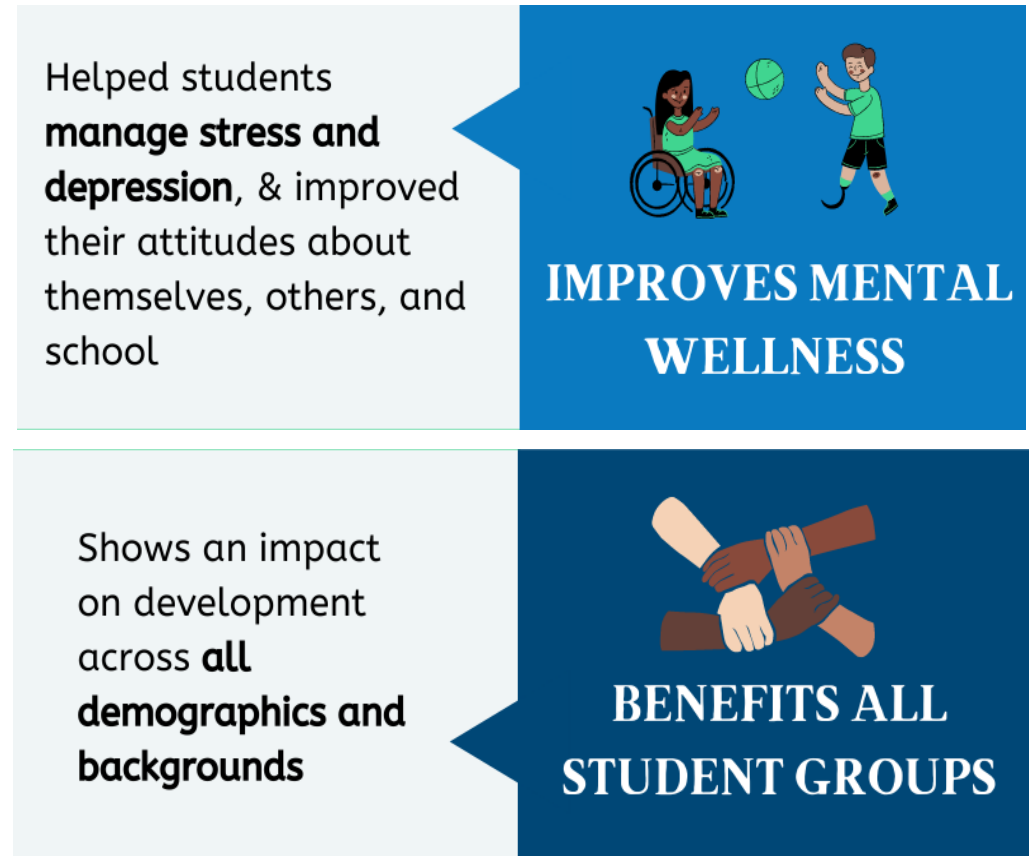
- Social and emotional learning is backed by more than 30 years of research.

- It supports classrooms by teaching the skills needed to counteract the effects of disrupted learning.

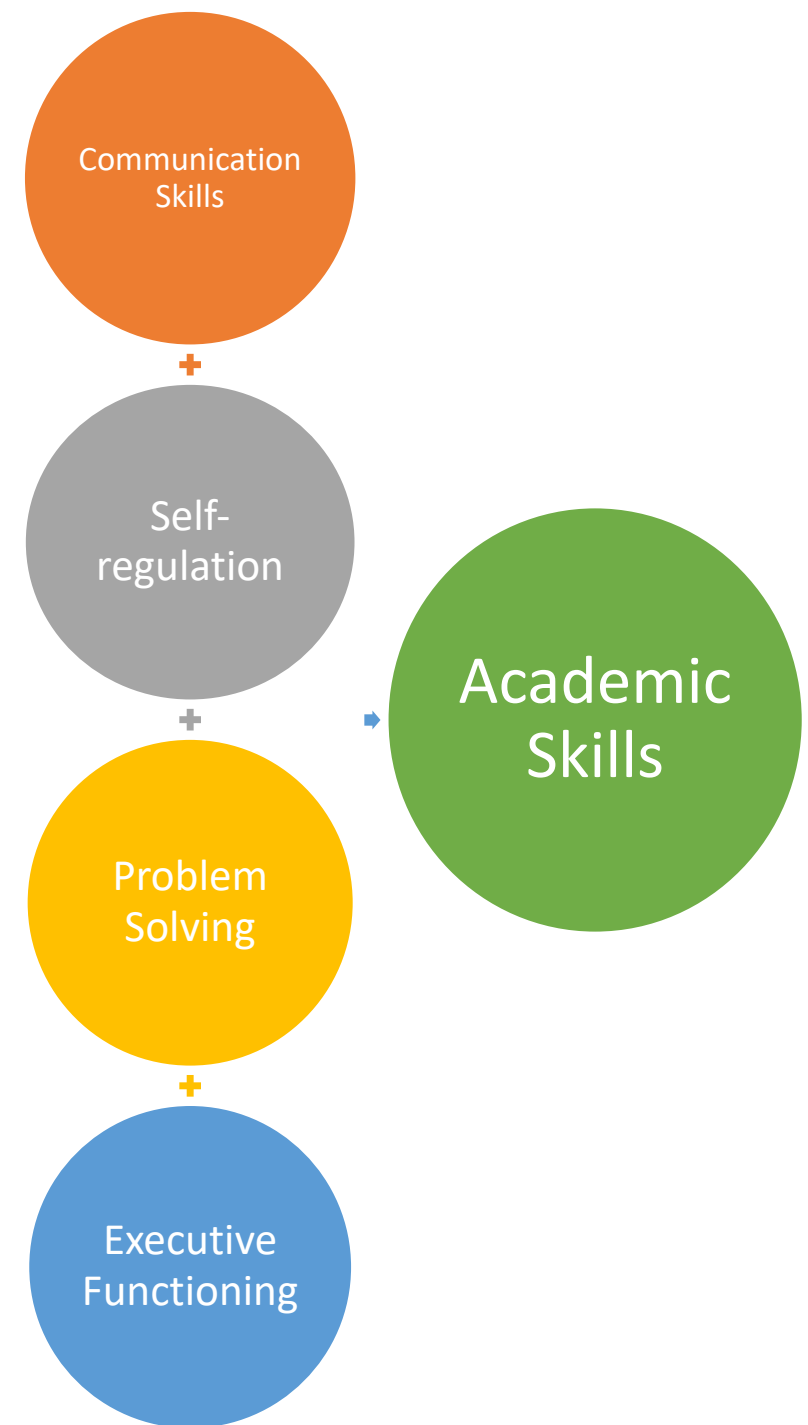
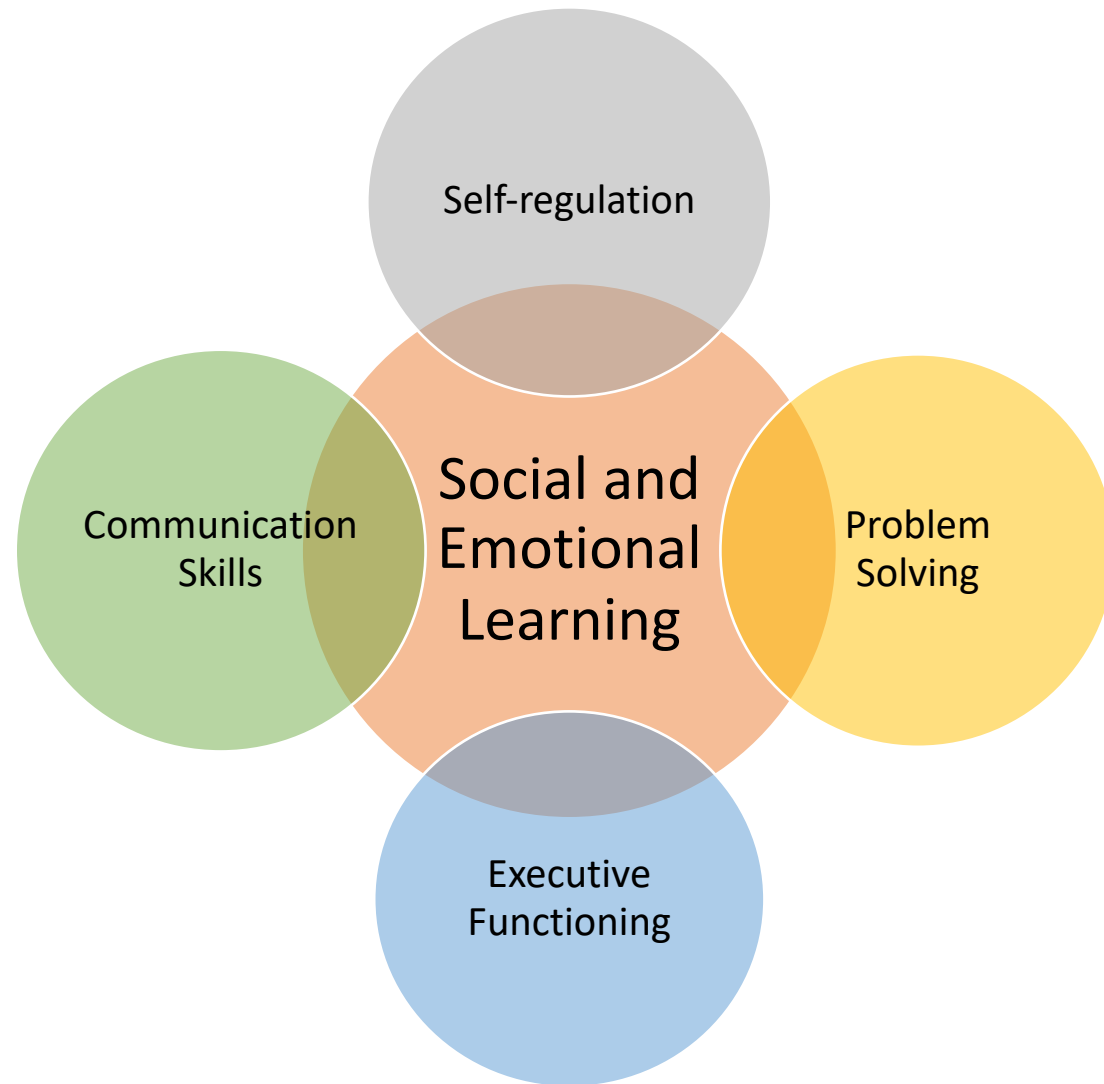
- Social and emotional learning builds life skills.

What are the benefits of SEL?

**Decades of research confirm:
Students benefit from SEL in school
and in life.**



How does SEL connect to academic learning?



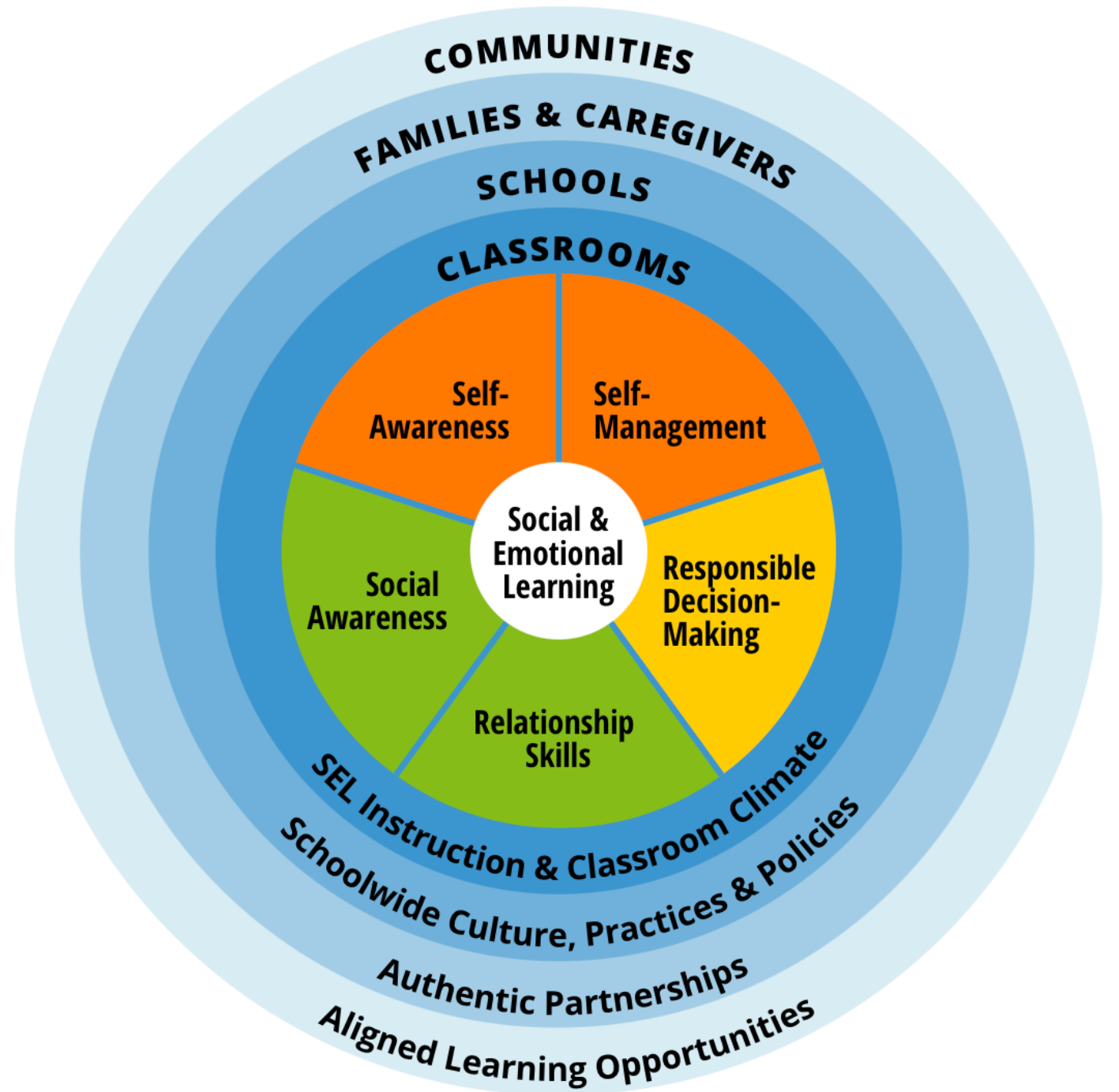
Mentimeter

Applying SEL Every Day

Which SEL skills have you used in your daily life in the past 24 hours?



Go to www.menti.com and use the code 4369 3245



Why Does SEL Make Some Uneasy?

Why Does SEL it Make Some Uneasy?

- What are the facts?
- How can we build shared understanding?



Lack of awareness or understanding

Insufficient resources or training



There's not enough time in the school day

SEL is associated with CRT, cultural wars and indoctrination of students



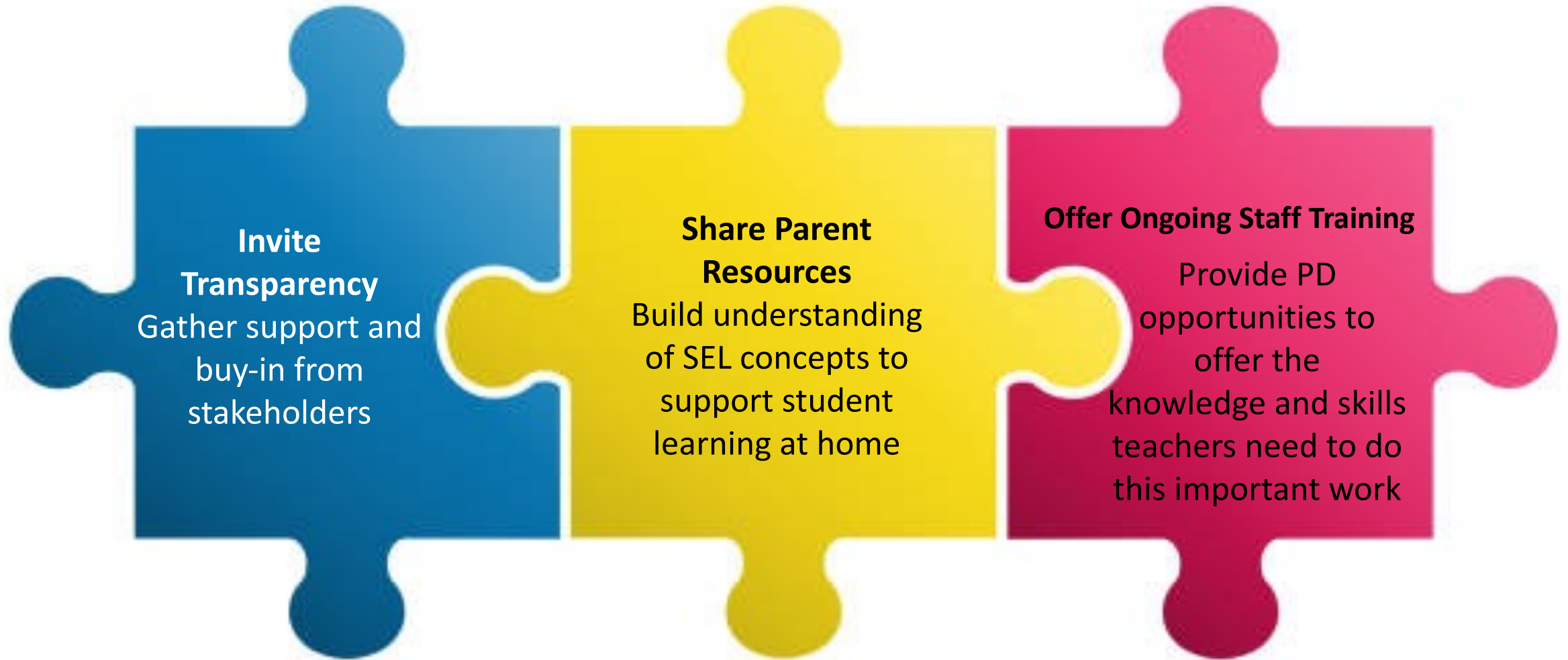
What are the Facts?

SEL is one piece in a complex and evolving puzzle. Students who participated in high quality SEL programming:



- Had better relationships with their peers
- Showed less aggression
- Experienced fewer incidents of bullying
- Had lower risks of violent behavior
- Showed improved classroom behaviors
- Had 22% fewer conduct problems
- Scored an average of 11 points higher on standardized tests
- Performed 27% better in academic subject areas
- Increase knowledge of emotional vocabulary
- Had reduced levels of depression and anxiety
- Were more empathetic
- Could use self-regulation strategies effectively
- Were able to manage stress better

How can we build shared understanding?



A Final Word

As we come to the end of our session, let's:

- Explore further questions
- Reflect on our conversation and key takeaways, and
- Giving our students support to be successful and hope for their future.



**Further
Questions**

If you have further questions,
feel free to enter them in the Chat.
We will address as many questions as time permits.



Reflect

Take a moment to reflect on our conversation.
What is your one key takeaway?



A Final Word

**“EDUCATING THE MIND
WITHOUT EDUCATING THE HEART
IS NO EDUCATION AT ALL.”**

ARISTOTLE

Thank you
